

PE Long Term Plan

KS1: Games, dance, gymnastics.

KS2: Games, gymnastics, dance, athletics, swimming, outdoor adventure activities.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS						
KS1	Games Skills Gymnastics	Football Dance	Tag rugby Netball	Basketball Gymnastics	Rounders Tennis	Cricket Invasion games
LKS2	Outdoor adventure activities. Gymnastics	Football Dance	Tag rugby Netball	Basketball Hockey	Striking and fielding Tennis	Athletics Invasion games
UKS2	Outdoor adventure activities. Gymnastics	Football Dance	Tag rugby Netball	Basketball Hockey	Striking and fielding Tennis	Athletics Invasion games

Notes.

Invasion Games- This unit will be planned at the time of teaching, in response to gaps in learning and upcoming competitions.

Swimming- This is taught during separate curriculum time and is delivered by teachers and qualified instructors following a programme prepared by the qualified staff involved.